

Independent Retirement Community & Assisted Living

OPEN TO THE PUBLIC!

Health & Wellness **RESOURCE FAIR**

Join us for this fun & informative local health and wellness resources fair for older adults! Come get your FREE flu shot and enjoy great raffle prizes!!



- ✓ Blood Pressure Checks
- Flu Shots Will Be Available
 Bring insurance information
- Prizes, Raffles, Giveaways
- Health/Fitness Demonstrations
- Attend our Fall Prevention Program in our Auditorium.
- **Tours Available**
- Refreshments & More

Join us!

Wednesday, September 25th

9:00 AM - 12:00 PM

403 West Center St,

Manchester CT, 06040 (Across the street from Manchester OB GYN Assoc)

For a flu shot, RSVP: 860.533.2524