



September 2024

# Arbors Moments



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[www.arborsct.com](http://www.arborsct.com)



## SPOTLIGHT ON



**Marguerite Biase**  
Housekeeping

Marguerite Biase, a dedicated member of our Arbors housekeeping team for the past six years, truly makes Arbors shine! Whether housekeeping faces a challenge or needs an extra hand, Marguerite is always ready to step in and help with anything. Our residents greatly appreciate her meticulous attention to detail when she cleans their apartments.

**Every day, she brings enthusiasm, dedication, and a warm smile that brightens the lives of our residents.**

In her free time, Marguerite enjoys collecting stamps and has a passion for lighthouses. She's also known for her thoughtful gestures, always making sure to send birthday and holiday cards to both staff and residents.

Marguerite's contagious smile lights up any room, and her work ethic, eye for detail, and kind demeanor make her truly inspirational.



What a delightful Art Show Soiree we all enjoyed on August 16.

The opening night for WB Thompson's art show was highly attended by residents, staff, aides, family and friends. The exhibit will remain up until October. Please invite your family and friends to view it.



# HAPPY BIRTHDAY

## Residents:

Roger Lord September 1

Linda Gates September 2

Mary Young September 9

Barbara Walz September 17

Alma Saitta September 22

James Worton September 22

Paula Bradbard September 24

Howard Roberts September 24

Barbara Robinson September 26

## Staff:

Henri Paul September 6

Solmary Pabon September 11

William Gerlack September 12

Yolanda Jackson September 17

Stephanie Lisenko September 30

Gina Calderone September 30



## **Sally and THE GREEN JAZZ BAND**

Sunday, September 8 at 2:30 PM -Auditorium

The Green Jazz Band has been delighting audiences in the Hartford, Connecticut area and beyond, playing fresh interpretations of jazz standards, including classics from the Great American Songbook, bossa nova, and jazzed up blues and pop. From weddings to corporate events, The Green Jazz Band delivers.

The Green Jazz Band has performed at the Wadsworth Atheneum of Art Jazz series, The Northwest Lewiston Jazz Festival, Earthstock Connecticut, the Collinsville HOT Festival, the Gershon Fox Ballroom, the Society Room, and the Vitrano Jazz Series.



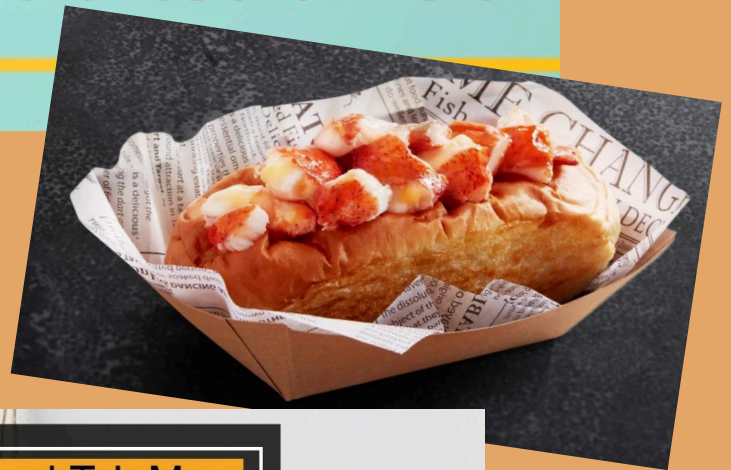


# Lunch at the Mystic Diner

**Wednesday September 11 at 10:30 AM  
Leaving from the Lobby**



**Highly recommended by your fellow residents! Sign up and join us for lunch. This restaurant is senior friendly and has a fun menu.**

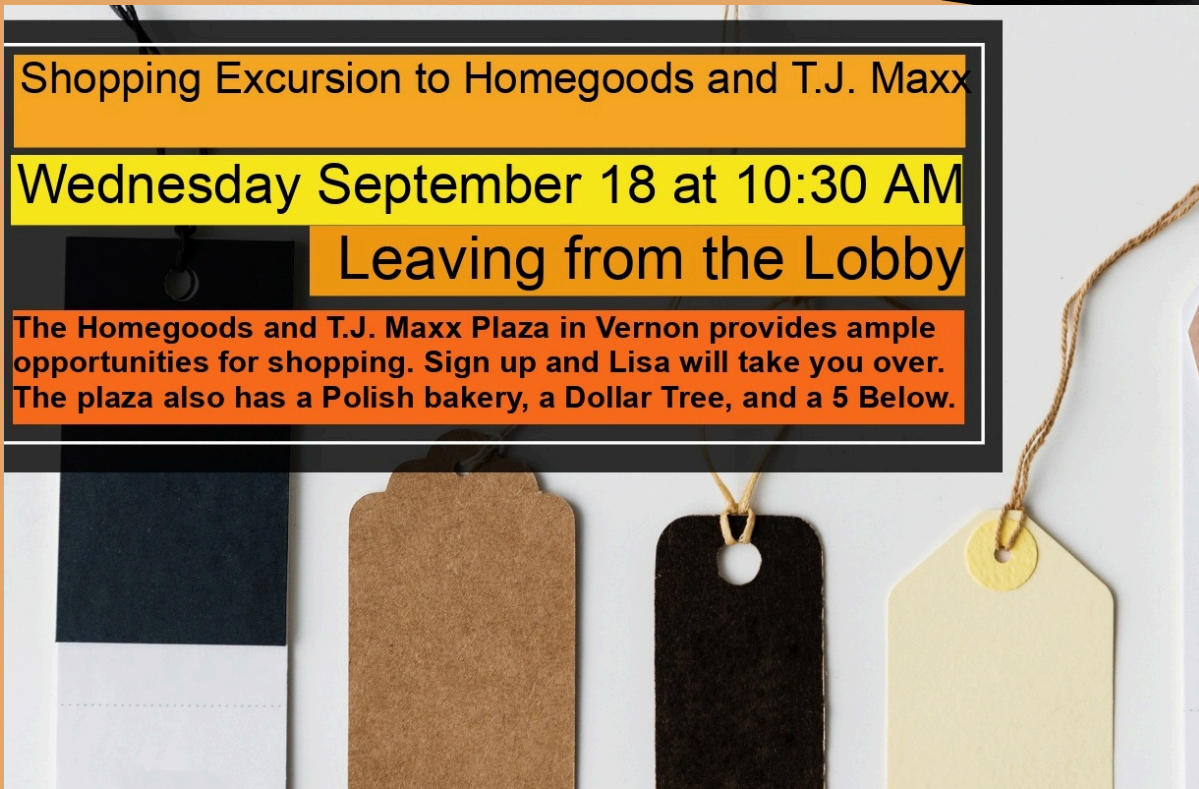


Shopping Excursion to Homegoods and T.J. Maxx

**Wednesday September 18 at 10:30 AM**

**Leaving from the Lobby**

The Homegoods and T.J. Maxx Plaza in Vernon provides ample opportunities for shopping. Sign up and Lisa will take you over. The plaza also has a Polish bakery, a Dollar Tree, and a 5 Below.











Independent Retirement  
Community & Assisted Living



**OPEN TO THE PUBLIC!**

# Health & Wellness RESOURCE FAIR

Join us for this fun & informative local health and wellness resources fair for older adults! Come get your FREE flu shot and enjoy great raffle prizes!!

## Join us!

Wednesday, September 25th

9:00 AM – 12:00 PM

For a flu shot, RSVP:  
860.533.2524

- ✓ Blood Pressure Checks
- ✓ Flu Shots Will Be Available  
Bring insurance information
- ✓ Prizes, Raffles, Giveaways
- ✓ Health/Fitness Demonstrations
- ✓ Attend our Fall Prevention Program  
in our Auditorium.
- ✓ Refreshments

**Fall Prevention September  
Topic: Core Control**

**Auditorium**

Wednesday September 25  
at 11:00 AM

What a great response we have seen for our Fall Prevention Series. September's session will be hosted by Jennifer Crespo. Please sign up for this.