



# January 2025 Arbors Moments

## Happy New Year!

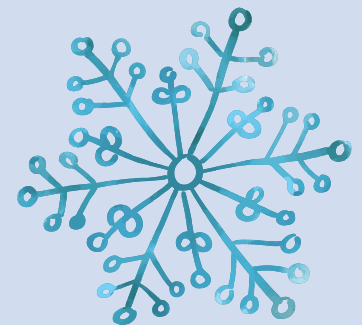
May 2025 be filled with family, love, learning new things and laughter! We have some intriguing out trips, concerts, health talks, lectures, and gatherings planned for you. Please refer to your Monthly Activity Calendar and Weekly Calendar for details.



A special congratulations to our Holiday Door Decorating Contest winners! So many residents, family members and aides helped create beautiful holiday door displays. The staff judges had a difficult time deciding our top three winners.



1st Place- Jane Cochran  
2nd Place- Jean Whatmore  
3rd Place- Paula Bradbard



Three Honorable Mentions were recognized as well. The Cruffs, Edna Vogel, and Lois Hoops.



## January Birthdays

### Staff:

Jorge Rivera Sr. Jan. 8  
Matt Irizarry Jan. 9  
Tonius Gedeon Jan. 14  
Vannah Voccola Jan. 15  
Broday Figiela Jan. 20  
Jorge Rivera Jr. Jan. 24

### Residents:

Joanna Bean 1/2  
Bruce Avis 1/3  
Lois Johnson 1/5  
Laurie Prytko 1/6  
Alfred Paulekas 1/9  
Patricia McMahon 1/10  
Barbara Natale 1/12  
Polly LoBombard 1/18  
Donald Hodgins 1/20  
Ann Hennan 1/27  
Muriel Fenn 1/ 29  
Lois Hoops 1/29  
Margaret Lapointe 1/29



# All Residents: Please Plan to Attend

## Annual Meeting of the Residents' Association & Election of Officers

Date: Thursday, January 16, 2025

Time: 3:00 p.m.

Place: Auditorium

~We Look Forward to Seeing You at the Meeting~

### AGENDA

- Moment of silence for deceased residents 2024
  - Introduce new residents 2024
  - Secretary's Report of last meeting
    - Treasurer's Annual Report
- Presentation of the Proposed Budget for 2025
  - Committee Reports: BRIEF
- Remarks by the Executive Director of Arbors
  - Remarks by the President
- Nomination, Election and Swearing in of Officers for 2025
  - Adjournment of Meeting

The next meeting will be held on Thursday, February 20TH at 3:00 p.m.  
in the Gathering Center.

Respectfully submitted,

Pam Craparotta, President

## **Town Hall Meeting with Department Heads**

**Wednesday January 22 at 10:30 AM  
Auditorium**

**JOIN US FOR THIS  
INFORMATIVE MEETING.**

**HEAR WHAT'S NEW AND WHAT'S  
COMING UP IN THE NEW YEAR!**



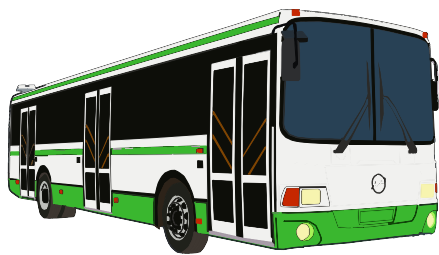
## **A Celebration of Lives**

**Wednesday January 22 at 1:30 PM  
Auditorium**

This is an opportunity to stop and reflect on loss. We have lost a lot of our dear friends this past year.

Chaplain Karen Cook will lead us in this candlelit Celebration of Lives.

## Places to Go...



### Lunch at The Charles

**Wednesday January 8 at 11:30 AM**

*The Charles is located on Main Street in Old Wethersfield. They are handicapped accessible and their menu is award winning! Please sign up for this wonderful lunch. The historic building is gorgeous. We have reservations for noon.*

**Leaving from the Lobby**

## Shop at Ten Thousand Villages

Ten Thousand Villages in West Hartford, CT, is a fair-trade retailer of artisan-crafted home decor, personal accessories and gift items from across the globe. Featuring products from more than 130 artisan groups in some 38 countries, they are part of a network of over 390 retail outlets throughout the United States selling Ten Thousand Villages products.

As one of the world's oldest and largest fair-trade organizations, Ten Thousand Villages has spent more than 60 years cultivating trading relationships in which artisans receive a fair price for their work and consumers have access to distinctive handcrafted items. They seek to establish long-term buying relationships in places where skilled artisans are under- or unemployed, and in which they lack other opportunities for income. A founding member of the World Fair Trade Organization (WFTO), Ten Thousand Villages sees fair trade as an alternative approach to conventional international trade.

Leaving from the Lobby 10:30 a.m.  
Wednesday, January 15

**Neil Diamond Tribute Concert. An Important Addition to the Activity Schedule**

**The MCC Organization of Active Adults is hosting a free concert at the SBM Auditorium. Vocalist Charlie Lisk will portray Neil Daimond.**

**Friday January 17 at 1:00 PM**

**Leaving from the Lobby**



# UPCOMING PRESENTATIONS



## True Crime: Murder and Mayhem In the Museum

Forgeries, theft, murder: the Connecticut Museum of Culture and History is full of artifacts that tell stories of long-ago crime and punishment. This presentation uncovers stories from Connecticut's past – and shows how our modern obsession with the true crime genre isn't so modern after all.

**Date:** Wednesday, January 15, 2025

**Time:** 1:30 PM

**Location:** Arbors Auditorium

**Presenter:** Jennifer Busa is the Public Programs Coordinator at the Connecticut Museum of Culture and History. She develops and presents adult programs at the CMCH. Jennifer is a former middle school social studies teacher, with a B.A. in anthropology from the University of Connecticut and an M.A. in anthropology from the University of Minnesota.



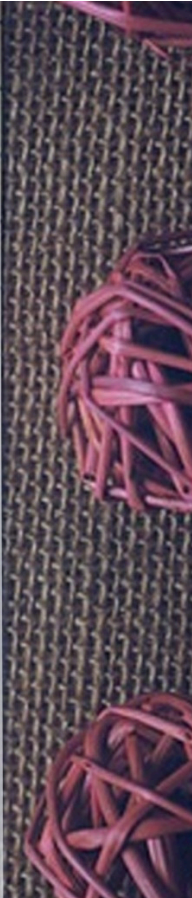
# Coloring for Relaxation

Wednesday January 22 at 2:00 PM

## Gathering Center

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Color with Lisa G., our driver. Coloring is a fun, social opportunity. It has some wonderful meditative qualities too. It will get you in the zone and your blood pressure will drop. We bet you smile at least!!!! Come and be creative with Lisa. We have all the supplies.



## GET A GRIP CLINIC

### January 29 at 11:00 AM

**Come participate in a clinic in which we will test your functional grip strength and learn how to improve your overall strength.**

**ARBORS AUDITORIUM**

# Master Musician Thirzah Bendokas



Come and enjoy cellist Thirzah Bendokas on January 23 at 7:00 p.m. She presents a lively and interesting program with beautiful music and little tales about the cello. Her concert will engage you with classical, opera pieces, and show tunes. Thirza graduated from Julliard School and has performed with the New Haven and Boston Symphonies. Thirzah has been the guest soloist in several International Music Festivals. She has performed at Tanglewood and appeared on TV and radio. Besides visiting communities like ours, she has taught at the Taft School.



# The Armentano Duo



This lively duo does a great job of engaging their audience! Steve and Mike Armentano deliver upbeat music and songs especially for those who would enjoy material from the 1960's and 1970's. Their repertoire is from a variety of artists such as The Beatles, Bobby Darin, Elvis Presley, The Drifters, Dean Martin, Glen Campbell, The Lovin Spoonful, Hank Williams, Creedence Clearwater Revival, Ricky Nelson, Frank Sinatra, Dion, John Denver, Jim Croce and Sam Cooke. The Armentano brothers have been performing professionally together for over 30 years, with vocalist Mike on the acoustic guitar and Steve playing assorted percussion.

**Thursday, January 30 at 7:00 p.m.**  
**Auditorium**

## **When is Inauguration Day?**

Inauguration Day occurs every four years on January 20 (or January 21 if January 20 falls on a Sunday). The inauguration ceremony takes place at the U.S. Capitol building in Washington, DC. The next presidential inauguration is scheduled to be on January 20, 2025.

## **What is the presidential oath of office?**

The vice-president-elect is sworn in first and repeats the same oath of office, in use since 1884, as senators, representatives, and other federal employees:

"I do solemnly swear (or affirm) that I will support and defend the Constitution of the United States against all enemies, foreign and domestic; that I will bear true faith and allegiance to the same; that I take this obligation freely, without any mental reservation or purpose of evasion; and that I will well and faithfully discharge the duties of the office on which I am about to enter: So help me God."

Around noon, the president-elect recites the following oath in accordance with Article II, Section I of the U.S. Constitution:

"I do solemnly swear (or affirm) that I will faithfully execute the Office of President of the United States, and will to the best of my ability, preserve, protect and defend the Constitution of the United States."

