



Arbors Moments

March 2025

BIRTHDAYS

EDITH CASELLINI 3/3
JOAN ROCKEFELLER 3/9
YVONNE INNIS-BREWER 3/10
MARILLA KELLEY 3/11
CLARA SMITH 3/11
PATRICIA ABLE 3/13
BETSY KIRK 3/14
JOYCE COON 3/26
KENNETH SILVA 3/31

OPERATION “THINK SPRING” A DOOR DECORATING CONTEST



Create a cheerful spring door decoration for all to see and enjoy.

Door decorations should be completed and displayed by April 1st.

Arbors Staff will be our judges.

1st , 2nd, and 3rd Place Prizes will be awarded on April 15th at 2:00 Bingo.

PARTICIPATION IS OPEN TO ALL ARBORS
RESIDENTS AND THEIR EXTENDED FAMILY
MEMBERS

Featured Trips

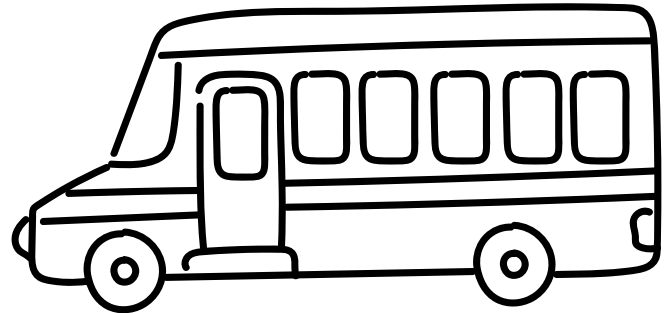


BUS TRIP : Dad's Doughs and The Hoot

Wednesday March 5 at 10:00 AM

Leaving from the Lobby

Join us for a bus trip to Mansfield Center. Dad's Doughs is a wonderful doughnut shop on Storrs Road. After we grab a handmade doughnut we will head to the most amazing gift shop... The Hoot. Also located on Storrs Road.



Sign up

SOON

Leaving from the Lobby
Wednesday March 12 at 10:30 AM

Shop at the Glastonbury Goodwill Store

Sign up and join us for an opportunity to shop for discounted, gently used items. The Glastonbury Goodwill is clean, spacious and very organized!



Shop at Burlington Coat Factory

Wednesday March 19 at 1:00 PM

Leaving from the Lobby

Burlington Coat Factory is a major discount retailer offering WOW deals on customers' favorite brands for the entire family and home at up to 60% off other retailers' prices every day. This store in East Hartford includes clothing for ladies, men, kids and baby along with beauty, shoes, accessories, and home décor.

Head to Burlington with us! Your deal destination! Spring is here and the savings start now.



Lunch Out at Longhorn's Steakhouse

Wednesday March 26 at 11:30 AM

Longhorn's has been requested by many of you! Here we go.....

Sign up and join us for a great lunch!

Leaving from the Lobby



COMING SOON

Stay Tuned



**MUSIC FOR YOU AND YOUR
GUESTS TO ENJOY**

TUESDAY, 3/11- RED & YELLOW MUSIC
THURSDAY, 3/13- HOT CAT JAZZ TRIO

SPECIAL ENTERTAINMENT AT THE
MONTHLY BIRTHDAY SOCIAL:

MONDAY, 3/31- A MARIACHI DUO



St. Patty's Bingo Party

Monday March 17
at 7:00 PM



Auditorium

Join us for a special nighttime BINGO game with a St. Patty's Day theme. We will have some exceptional prizes. Prizes at this game will be for Arbors residents only.



**Spring Equinox 2025: When Is It, and What is It?
The first day of spring is on Thursday, March 20, 2025.**

We greet the first day of the new season with the spring equinox, but what is it, exactly?

Vernal translates to “new” and “fresh,” and equinox derived from the Latin *aequus* (equal) and *nox* (night).

So what does that mean? Essentially, our hours of daylight—the period of time each day between sunrise and sunset—have been growing slightly longer each day since the winter solstice in December, which is the shortest day of the year (at least in terms of light).

Even though we know that after December 21st, the days start getting steadily longer, we still see more darkness than light over the course of a day in those three months leading up to spring. The vernal equinox marks the turning point when daylight begins to win out over darkness.

At this moment, the direct rays of the Sun are shining down on the equator producing the effect of equal day and night . After the vernal equinox, the direct rays of the Sun migrate north of the Equator (with hours of daylight steadily growing longer) until they finally arrive at the Tropic of the Cancer (latitude 23.5 degrees north).

The migration of the Sun’s direct rays comes to a halt on that day; this is as far north as they will go. We call this the summer solstice (solstice is a suspension of the migration of the Sun’s direct rays). It is the longest day of the year in terms of hours of daylight.

Oral Health Presentation

Hosted by Goodwin University's

Dental Hygiene Students

Arbors Auditorium

March 27 | 10:30 - 11:30 AM

Learn About:

- Proper brushing & flossing techniques
- Common oral health concerns
- The link between oral health & overall well being
- Tips for maintaining a healthy smile
- Oral cancer awareness
- Maintaining oral appliances





**We will enjoy some
Latin love songs and Mariachi music
at the March Birthday Social on
Monday, March 31st.
Guitarist Dave Giardina
accompanied by a surprise female
vocalist !**

1:00 in the Dining Room

